

BEHAVIORAL HEALTH SERVICES PREVENTION PROGRAMS 2011

619.524.1200

MCRD SAN DIEGO

mccsmcrd.com



Month	Theme & Event	Time	Location
11 January	Stalking Awareness for Marines, Spouses, MCRD staff (Sign up required)	1400 - 1500	Bldg 6E
9 February	Toddler Training Camp for parents (Sign up required)	0900 - 1200	Bldg 6E
10 February	Underwater Romance for couples (Sign up required)	1700 - 2000	Bldg 6E
19 February	Self-defense for Women Class (Sign up required)	0900 - 1200	Bldg 5E
16 March	Step-parenting Class for parents/stepparents (Sign up required)	1630 - 1730	Bldg 6E
20 April	Happiest Baby on the Block for parents & infants (Sign up required)	1100 - 1230	Bldg 6E
23 April	Self-defense for Women Class (Sign up required)	0900 - 1200	Bldg 5E
18 May	Preschool Prep Camp for parents (Sign up required)	0900 - 1200	Bldg 6E
21 May	Stress Management Event for parents & school age kids (Sign up required)	1630 - 1730	Bldg 6E
23 June	My Body Belongs To Me for children ages 5 -7 Body Rights Class (Parental permission/sign up required)	1600 - 1700	Bldg 6E
7 July	All about Mommy and Me self esteem for school age kids & moms (Sign up required)	1600 - 1700	Bldg 6E
23 July	Self-defense for Women Class (Sign up required)	0900 - 1200	Bldg 5E
10 August	Toddler Training Camp for parents (Sign up required)	0900 - 1200	Bldg 6E
25 August	Stranger Danger Class for children	TBA	TBA
17 September	Teen Lures TV News Cast for middle & high school students Teen sex crime prevention (Sign up required)	TBA	Bldg 6E
15 October	Make a Difference Event Breast Cancer/Domestic Violence Awareness	0800 - 1200	MCX Mall
28 October	Underwater Romance for couples (Sign up required)	1700 - 2000	Bldg 6E
12 November	Self-defense for Women Class (Sign up required)	0900 - 1200	Bldg 5E
10 December	Conquer Your Holiday Stress	TBA	TBA