

MCRD L.I.N.K.S. and New Parent Support combine forces to bring you

Activity Mornings for Parents & Tots

An experience for parents and their children under five years old



Each month will bring themed activities to include:

- Parent & child centered activities
*(story time, arts & crafts, movement activities,
snack making, take home ideas and more)*

MCRD San Diego

11 January • 8 February • 8 March • 12 April

10 May • 14 June • 12 July • 9 August

3602 Hochmuth Ave, Bldg 6E, San Diego, CA 92140

0930 - 1130

For details or to sign up contact L.I.N.K.S. Trainer, Patricia Kalaye

619.524.8104

619.793.8942

New Parent Support, Heather Chamberlain

619.524.0805



mccsmcrd.com