



MCRD SD/WRR FAMILY READINESS OFFICERS

MCRD

FRO	UNIT	EMAIL	ADDRESS	OFFICE PHONE	WORK CELL
Rebecca Roman	HQSVC	rebecca.roman@usmc.mil	3800 Belleau Avenue San Diego, CA 92140	(619)524-0160	(619)316-2862
Lori Abrego	WFTBN	Lorraine.abrego@usmc.mil	Building 31503 Camp Pendleton, CA 92055	(760)763-7351	(619)218-9690
Michelle Pritchard	RTR	michelle.pritchard@usmc.mil	1500 Iwo Jima Avenue, Building 28 San Diego, CA 92140	(619)524-8087	(619)723-1152
Michelle Hamilton	3rd BN	kristen.hamilton@usmc.mil	3802 Hochmuth Avenue San Diego, CA 92140	(619)524-8089	(619)204-9237
Yesenia Rodriguez	2nd BN	yesenia.a.rodriguez@usmc.mil	3900 Hochmuth Avenue, Building 3E San Diego, CA 92140	(619)524-8347	(619) 218-9577
Margie Arvayo	Support BN	margie.arvayo@usmc.mil	1610 Iwo Jima Avenue, Building 1 San Diego, CA 92140	(619)524-0601	(858)254-0960
Celeste Howard	1st BN	celeste.howard@usmc.mil	4000 Hochmuth Avenue, Building 2W San Diego, CA 92140	(619)524-8907	(619)261-5612

WRR

FRO	UNIT	EMAIL	ADDRESS	OFFICE PHONE	WORK CELL
Daniel Dean	12th MCD	Daniel.Dean@marines.usmc.mil	3704 Hocumuth Avenue, Building 8 San Diego, CA 92140	(619)542-5568	(619)988-0593
Dave Gutierrez	9th MCD	david.gutierrez@marines.usmc.mil	3805 E. 155th Street, Building 710 Kansas City, MO 64147-1309	(816)843-3900	(816)547-8064
Lisa Jackson	8th MCD	lisa.jackson@marine.usmc.mil	1513 Desert Storm Road Fort Worth, TX 76124	(817)782-6706	(214)695-8565