



# POSITIVE BEHAVIOR MANAGEMENT

- ★ *Learn how to increase your child's cooperation*
- ★ *Strengthen your relationship with your children*
- ★ *Increase effectiveness of positive discipline tools*
- ★ *Boost your child's self-esteem*
- ★ *Support sibling relationships*

Your home visitor will work with you using highly effective techniques, activities, and information to create an individualized plan for your family.

**HOME VISITS ARE A FREE SERVICE**  
from the New Parent Support Program, MCRD San Diego



For more information, please contact Terra Pack  
or Heather Chamberlain at 619.524.0805 Visit us online at [mccsmcrd.com](http://mccsmcrd.com)