

Step Parenting

Steps to Success



March 14, 2012
1000 – 1130 • Bldg 6E

This FREE class is designed for active duty parents and their spouses who are step-parenting and/or live in blended families.

Parents will learn about:

- **Blended family dynamics**
- **Healthy coping skills for both parents and children**
- **Relationship building activities**
- **Strengthening their role as parents.**

**For questions or to register for class,
call Behavioral Health Services:**

619.524.0465

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