



# STARS

SPOUSE TRANSITION & READINESS SEMINAR

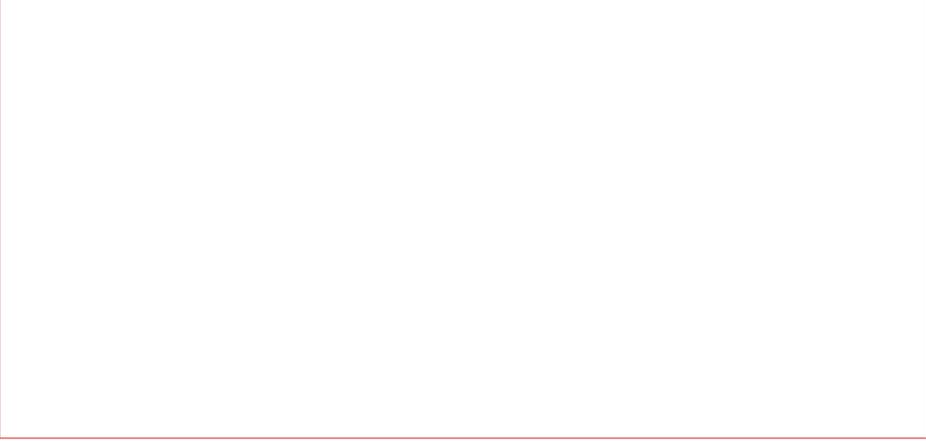
THE SPOUSE TRANSITION & READINESS SEMINAR IS HERE TO EMPOWER MILITARY SPOUSES AND TO ALLEVIATE STRESSORS SUCH AS EMPLOYMENT, FINANCE, TRANSITION, AND EDUCATION ASSOCIATED WITH MILITARY TO CIVILIAN TRANSITION.



**STAY INFORMED ABOUT YOUR FAMILY'S BENEFITS, ENTITLEMENTS, HEALTH CARE, INSURANCE, VA BENEFITS, AND MORE!**

**RECEIVE TIPS AND RESOURCES TO ASSIST YOU IN MAKING PLANS FOR YOUR FUTURE AND PREPARE FOR LIFE BEYOND THE MILITARY.**

**SPOUSES, IT IS YOUR CHANCE TO ASK EXPERTS ABOUT WHAT TO EXPECT WHEN YOUR MARINE OR SAILOR RETIRES OR SEPARATES FROM ACTIVE DUTY SERVICE.**



**EFFECTS OF CAREER CHANGE**



**EDUCATION & CAREER PROGRAMS**



**BENEFITS & ENTITLEMENTS**



**TRANSITION PROGRAM OVERVIEW**



**RELOCATION**



**FINANCIAL CONSIDERATIONS**

Personal & Professional Development  
 Marine Corps Recruit Depot San Diego  
 Western Recruiting Region  
 4025 Tripoli Ave, Bldg. 14  
 (619) 524-8640

